




December 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
register through your Career Counselor				1	2	3
4	5	6 1000 Stress Management (@FFSC)	7 	8 0900 Pre-Deployment (@FFSC)	9 0900 Sponsorship (@FFSC) 1300 CFS Forum (@FFSC)	10
11	12	13	14 0900 Developing a Spending Plan (@FFSC)	15 0800-1200 Resume Writing	16 1300 Communication Skills (@FFSC)	17
C2E 0800-1600**		SAPR VA Initial Training 0900-1800				
18 	19	20	21 1400 Saving and Investing (@FFSC)	22	23	24
25 	26 FFSC CLOSED	27	28	29	30	31



804 Sigsbee Road
(305)293-4408
Hours of Operation
Monday -Friday
0800-1600

NASKW24/7 SAPR VA Hotline 305-797-1408
Sexual Assault Response Coordinator 786-383-7873
DoD Safe Helpline 877-995-5247.
Clinical Counselors 305-293-2809 / 305-293-2680.
Work & Family Life Specialist 305-293-4410
Personal Finance Manager at 305-293-3770



VIRTUAL WEBINAR REGISTRATION

Step #1: Make a free account at www.MyNavyFamily.com (NMCI use <https://learning.zeiders.refineddata.com>) at least one day before the webinar.

Follow the on-screen instructions to create a new account. Be sure to enter your time zone!!

Step #2: Click on "Live Webinars" at the top of the page to view full list of offerings, then choose the month.

Step #3: Click on the title of a session to view the information and description.

Step #4: Click on "register now" to register for the course.

****You will get reminder emails with your personalized link. If you have any trouble, please write to learning@zeiders.com or call Jack Callison at (305) 293-4410.**